

# RAJ BHANDARI, M.D.

GASTROENTEROLOGY & NUTRITIONAL MEDICAL SERVICES



COMMITTED TO EXCELLENCE  
IN GASTROENTEROLOGY



BOARD CERTIFIED  
GASTROENTEROLOGY  
INTERNAL MEDICINE  
MEDICAL NUTRITION

## RAJ BHANDARI, M.D.

TRIPLE BOARD CERTIFIED

### A PHYSICIAN WITH DEDICATED TRAINING AND UNIQUE EXPERIENCE IN THE MANAGEMENT OF DISEASES OF THE GASTROINTESTINAL TRACT

Dr. Bhandari was born in Montreal, Canada. He was raised in Canada and graduated with a Bachelor of Science (Honors) from the University of Ottawa, Canada. He earned his medical degree from the University of Ottawa Medical School. He completed his internship and residency in Internal Medicine at Our Lady of Mercy Medical Center in Bronx, New York. He subsequently completed a chief medical residency at the same hospital. He then completed a Fellowship in Gastroenterology and Nutrition at Winthrop University Hospital in Mineola, New York. During his fellowship he conducted several research studies which have been published. He is a member of the American Gastroenterology Association, and the American Society of Gastrointestinal Endoscopy. Dr. Bhandari is triple board Certified in Internal Medicine, Gastroenterology and Nutrition.

He strongly believes, as a gastroenterologist and a physician in the community, that it is not enough to only treat patients. It is just as important to educate them, and the community, on healthy digestion as well as digestive disorders. He has found this to be very important. Education helps patients understand the disease process. Education explains ways that they can help themselves. Knowledge empowers patients and helps to guide them. Patients learn why adopting a healthy lifestyle and appropriate dietary regimen helps in their well being.

Dr. Bhandari has a dedicated section on his website ([www.drbandari.com](http://www.drbandari.com)) that helps patients understand various gastrointestinal diseases. There is also educational information on various endoscopic procedures.

## WHAT IS GASTROENTEROLOGY?

### HIGHLY SPECIALIZED FIELD DEALING WITH NORMAL ACTIVITY & DISEASE OF THE DIGESTIVE ORGANS.

Gastroenterology is the study of the normal function and diseases of the esophagus, stomach, small intestine, colon and rectum, pancreas, gallbladder, bile ducts and liver. It involves a detailed and thorough understanding of the normal action (physiology) of the gastrointestinal organs including

the movement of material through the stomach and intestine, the digestion and absorption of nutrients into the body, removal of waste from the system, and the function of the liver as a digestive organ. It includes common and important conditions such as colon polyps and cancer, hepatitis and

gastroesophageal reflux, peptic ulcer disease, colitis, gallbladder and biliary tract disease, nutritional problems, irritable bowel syndrome and pancreatitis. In essence, all normal activity and disease of the digestive organs is the study of Gastroenterology.





## WHY SEE A CERTIFIED GASTROENTEROLOGIST?

### COMPREHENSIVE KNOWLEDGE OF DIGESTIVE DISEASE

A Gastroenterologist must first complete a three-year Internal Medicine residency and is then eligible for additional specialized training (fellowship) in Gastroenterology. This fellowship is generally 2-3 years long so by the time Gastroenterologists have completed their training, they have had 5-6 years of additional specialized education following the completion of medical school. Gastroenterology fellowship training is an intense, rigorous program where future Gastroenterologists learn directly from nationally recognized experts in the field and develop a detailed understanding of gastrointestinal diseases. Gastroenterologists also receive dedicated training in endoscopy by expert instructors.

The unique training that Gastroenterologists complete provides them with the ability to provide high quality, comprehensive care for patients with a wide variety of gastrointestinal ailments. Gastroenterologists perform the bulk of research involving gastrointestinal endoscopic procedures as well as the interpretation of results, and are considered experts in the field. Studies have shown that Gastroenterologists perform higher quality colonoscopy examinations and comprehensive consultative services when compared to other physicians. This translates into more accurate detection of polyps and cancer by colonoscopy when performed by Gastroenterologists, fewer complications from procedures and fewer days in the hospital for many gastrointestinal conditions managed by trained gastroenterology specialists. It is this ability to provide more complete, accurate, and thorough care for patients with gastrointestinal conditions, which truly distinguishes Gastroenterologists from other physicians that provide some similar services.

## ENDOSCOPIC PROCEDURES

Endoscopy is the use of narrow, flexible lighted tubes with built-in video cameras, to visualize the inside of the intestinal tract.

EGD - Esophago Gastro  
Duodenoscopy

Colonoscopy

Sigmoidoscopy

ERCP - Endoscopic Retrograde  
Cholangiopancreatography

Liver Biopsy

Dilation of Esophageal Strictures

Dilation of Colon Strictures

pH Testing of the Esophagus

Colonic Polypectomy

Removal of Common Duct Stones

PEG - (Feeding Tube Placement)



**NATIONALLY CERTIFIED BY  
THE AMERICAN BOARD OF GASTROENTEROLOGY AND NUTRITION**

Dr. Bhandari is specifically trained in the field of Digestive Diseases and Nutrition. He is nationally certified by the American Board of Gastroenterology and Nutrition.

Dr. Bhandari offers the most current technology to correctly diagnose an intestinal disease. He utilizes state of the art Propofol Sedation which permits patients to have a restful sleep and a painless procedure.

Dr. Bhandari sends all tissue specimens collected during a procedure to specially trained pathologists dealing solely with digestive disorders. visit [www.GiPath.com](http://www.GiPath.com)

Dr. Bhandari is a provider for numerous PPO, HMO and Medicare plans including Blue Cross, Blue Shield, Aetna, Humana, United Health Care, Vantage, State Group as well as others. His staff understands each individual's coverage plan very well.

Dr. Bhandari is the Principal Investigator with Delta Research Partners, an independent investigative research site in Northeast Louisiana. He is committed to conducting clinical trials with the highest standard of ethics to develop safe & beneficial treatment protocols.  
visit: [www.DeltaResearchPartners.com](http://www.DeltaResearchPartners.com)

Dr. Bhandari is affiliated with the following hospitals:

**Morehouse General Hospital ~ St. Francis Hospital ~ West Carrol Hospital  
Endoscopy Center of Monroe ~ Richland Parish Hospital**

**BASTROP OFFICE**

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**MONROE OFFICE**

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